



BEAUTY TIPS FROM ... **Dr Yvonne Goh**

Beautiful, supple skin minus the downtime of invasive procedures is now within reach, thanks to Medical Aesthetics @ Cluny. With years of aesthetic medicine behind her, Dr Yvonne Goh dishes on her top three non-invasive skin rejuvenating treatments to enhance and restore your skin to its absolute best.

1. NON-SURGICAL TREATMENT FOR EYEBAGS AND DARK CIRCLES

Freshen up tired eyes caused by stress and late nights with Dr Yvonne's gentle yet effective signature treatment of customised laser and light energies aimed at brightening and returning life back to puffy, overworked panda eyes.

2. REFIRME SKIN TIGHTENING AND MATRIX IR FRACTIONAL LASER

Prevent saggy skin and those lines — it's time for perfectly polished and chiselled, youthful skin. This FDA-approved system is the first and only technology to use combined electro-optical energies to stimulate collagen production from within. Lower levels of energies combine to penetrate the skin for maximum results. It is therefore much gentler on the skin and virtually painless. ReFirme enhances and restores your skin's natural radiance with its immediate tightening effect followed by long-term new collagen remodelling. For total skin rejuvenation, Matrix IR Fractional Laser is applied after. This focused treatment targets deep laughter lines, forehead lines, scars and large pores with its deeper penetration. This is a great preventative treatment to curb sagging or prematurely ageing skin before it occurs. Approximately 45 minutes in total, this lunch time procedure is comfortable and requires no downtime. As they say, prevention is better than cure.

3. BOTOX

Erase deep wrinkles, unsightly creases and fine lines or contour the face for a more sculpted look. An effective tool against premature ageing, Botox relaxes overactive facial muscles that causes wrinkles, while preserving facial expressions.



Dr Goh offers premium care from her chic and ultra-discreet practice, Medical Aesthetics @ Cluny in Bukit Timah.

