

ATTENTION TO DETAIL

PREP FOR CHINESE NEW YEAR WITH
BEAUTY PROGRAMMES BY DR YVONNE GOH AESTHETICS.



Dr Yvonne Goh is the founder and medical director of Dr Yvonne Goh Aesthetics. Mentored by internationally renowned medical experts in this field, with extensive training from the United States, Europe and Asia, Dr Yvonne Goh incorporates the best of their techniques into her own unique treatment protocols that are tailored to the specific needs of her local and expatriate patients.



Dr Yvonne Goh's
prescription for
glowing skin.



PHOTOGRAPHY: VERONICA TAY ART DIRECTION: ADELINE ENG STYLING: JEROME AWASTHI MAKEUP: LOLENT LEE HAIR: ASH

Don't let the stress of Chinese New Year preparation show. Take time off and indulge in top to toe beauty treatments that are tailored to your needs at Dr Yvonne Goh Aesthetics.

The latest FDA-approved, evidence-based treatments and products, all carefully curated by Dr Goh, are offered here via a menu of no-surgery beauty solutions. Enjoy your treatments in a comfortable and discreet setting at Dr Goh's clinic at Camden Medical Centre.

FOR DULL AND TIRED-LOOKING SKIN

Dr Goh's laser toning and brightening milk peel combo is excellent especially for busy women. This aims to revitalise your skin, even out any blotchy skin tone, refine your pores and provide a collagen boost. Or enjoy one of her clinical facials, which infuses a cocktail of vitamins, antioxidants, and a hydrating formula through iontophoresis and ultrasound. Prepped with ultrasonic cleansing and exfoliation, and finished with a massage and facial mask, this promises to leave you feeling refreshed.

FOR SAGGY SKIN

Consider the latest version of Ultherapy. Focused ultrasound is delivered into the deep layers of your skin for effective skin tightening. This treatment is done with built-in ultrasound imaging so that specific layers can be identified and targeted.

You can target selected problem areas like the eye area, jawline and neck, or apply Ultherapy over the whole face and

neck. This FDA-approved skin tightening treatment is non-invasive and suits women who do not have time for regular maintenance as it is a single session treatment. Dr Goh also offers botox or filler spot treatments to complement Ultherapy.

FOR DARK EYE CIRCLES AND EYEBAGS

Where appropriate, a soft filler is used to mask eye bags and dark circles. This can be complemented with a 3-in-1 eye treatment, which combines laser, infrared/radiofrequency energy and IPL (Intense Pulsed Light). To target eye bags, energy is applied to stimulate collagen production and lift the eye area. Combating dark circles involves a combination of IPL and laser to reduce discoloration and appearance of visible veins. What's more, these treatments require just 15 to 30 minutes.

FOR FAT BULGES

Target fats in problem areas like the arms, tummy, love handles and thighs by freezing and destroying fat cells using FDA-approved CoolSculpting by Zeltiq. One hour of freezing per area is all you need - no liposuction or needles required. Do it at least three weeks before an event.

A pre-assessment analysis is offered by Dr Goh for each patient to better understand individual requirements so she can customise an optimal beauty programme. She strongly believes in prevention: "Many of these treatments achieve optimal results when sought early."

Dr Yvonne Goh Aesthetics is located at #09-05 Camden Medical Centre. To find out more, call 6462-2559 or visit www.dryvonnegoh.com.